

## Self Love/Self Esteem – Road to Bondage or Road to Freedom

Jim Whritenor

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1. The Great Need  
Devastation
2. The World's Answer  
Self Theory
3. We should question the World's Answer  
Do I need to love myself and esteem myself to be a positive influence in this world?  
Can a philosophy that is basically centered in self (I am God) be made to fit into a theology that is centered in God?  
Characteristics of people who follow the self loved self esteem philosophy
  - A.
  - B.
  - C.
  - D.
  - E.
4. Questions
  - a. Does God love me unconditionally?
  - b. Am I to have a sense of being loved by God?
  - c. Does God want us to focus on loving ourselves? Is Self Love a prerequisite for loving others?
  - d. Aside: What the bible says about loving yourself
  - e. If Self Love isn't the route to loving others unconditionally, what is?
  - f. Does God accept me unconditionally?
  - g. Am I unconditionally accepted and is that acceptance to be my self worth?
  - h. I can accept myself unconditionally?
  - i. I must be unconditionally acceptable now, I'm a Kings Kid.
  - j. Can I now accept others unconditionally?
5. The Scriptural Answer  
His Great Love for Us

### Conclusion:

Where does that leave us?

Why do we have problems?

What do we do?

- Know and accept God's infinite and unconditional love.  
1 John 4:9-10
  - He Loves me
  - I am a child of God
  - I am special to Him
  - I find worth in Him
  - I can please Him
  - He abides with me
  - He lives in me
- Aim for total Selflessness:
  - Be Christ Centered (Luke 10:27)
  - Be Others Centered (1 John 4:11)
  - Deny ourselves (Mat 16:24-25)

